Miami City Ballet School Health and Safety Guidelines

The health and safety of our students and employers are of paramount importance to Miami City Ballet School (MCBS). We are closely monitoring the latest developments regarding novel coronavirus (“SARS-CoV-2,” which causes the disease known as “COVID-19”) to ensure that we are following appropriate recommendations from health authorities and to proactively implement measures to ensure a safe environment.

This guide is intended to be a dynamic document. Additional guidance will be followed as COVID-19 outbreak conditions change as new information about the virus, its transmission, and impacts, becomes available. The materials have been developed by CIH Environmental Solutions, following the guidance of a Board-Certified Industrial Hygienist (CIHES) who performed a Building Wellness Verification program. The purpose of this program was to assess the current practices related to the heating, ventilation, and air conditioning (HVAC) systems, operations and maintenance, and facility management and to propose recommended actions for enhancement of conditions to assist in minimizing the potential for the spread of COVID-19 within the building. And, to develop a comprehensive plan of action that effectively and efficiently navigates the ever-changing dynamics of this “new normal.”

The basic recommendations outlined below are intended to assist MCBS in providing the students and other occupants with an understanding of the suggested measures that will be taken to further enhance the health and safety of individuals returning to the building and to minimize the potential for the spread of COVID-19. Since new information and data regarding COVID-19 and the coronavirus are rapidly being introduced by the scientific community, it should be noted that guidelines are likely to be updated and changed at a similar rapid pace.

A team from CIH Environmental Solutions will be on-site for the first two weeks of the summer program to monitor protocols, operations, and management of the guidelines herein.
**School Operational Standards**

Students will be required to arrive wearing their proper dancewear and will not be permitted to change in the dressing rooms.

Students class schedule will be staggered and students will not be allowed into the building until half hour before their class time with a limit of 10 occupants in the lobby including employees.

Markings will be placed at least six feet on sidewalks at the building entrances, with signs directing to use the markings to maintain distance.

Parents/Guardians will be allowed into the building by appointment only. The school office will offer alternative methods for visitation (e.g. Video conferencing.)

Shoe coverings and plastic bags, for students to put their belongings, will be provided at the building entrance. No one will be allowed into the building without shoe covers.

Facial covering will be required to be worn when entering the building and while inside the property. Cover mouth and nose with mask and make sure there are no gaps between your face and the mask. Any student who cannot use a facial covering due to a medical condition should contact the school office prior to the starting of the program.

All occupants and visitors will be required to observe social distancing rules in all areas of the building, personal hygiene expectations such as face coverings and hand-cleaning, and avoidance of shared items. To assist with this, sufficient supplies will be made available to all occupants and visitors, e.g. hand soap, hand sanitizer, disinfecting wipes, face coverings, etc.

Hand disinfecting and hand washing will be part of the daily school routine. Anyone entering the building will be required to sanitize their hands upon entering the facility.

Temperature checks will be conducted by a medical trained worker prior to the student's entry into the studios.

Common areas inside the building will be marked to assist students to comply with social distancing guidelines. Including barres and the studio floors.

All students will be asked to follow building entry rules, including measures such as touch-free temperature taking and as well as foot traffic/ingress/egress patterns within the building.

Parents/Guardians must arrive for student pick-up on time. All students will be required to leave as soon as class ends.
Wait until it is time

Are you ½ hour before class?

Have your own PPE?

Have you any flu like symptoms or been in touch with someone who had?

Temperature taken

Take plastic bag and go straight to assigned studio

Place ballet bags, street clothes & shoes in plastic bag & place in the specific area outlined for them

Place yourself at the barre outlined with tape & an X for center, & stay within that area

Exit by designated door & individually

Barres will be disinfected

Not allowed in building

Go to medical provider

Wait for direction

No, I'm early

Yes

No

No, I'm late

Not allowed in building

Enter individually, and sanitize hands
Protocols for common spaces

Maximum allowable occupancy loads in all areas have been modified to ensure that proper social distancing can be achieved throughout the building. We have calculated allowable zones for interaction based on the six feet distancing criteria, and determined maximum occupancy for all areas. CDC signage will be posted in publicly trafficked locations emphasizing measures to “Stop the Spread of Germs” (CDC) and exercise social responsibility (e.g., hygiene.)

- Restrooms will be used by one or two students at a time, dictated by the capacity of each space. A chaperone will be present at each restroom to ensure students follow protocols. Restrooms will be cleaned at least every two hours with CDC approved products.

- Students will not be allowed to use the dressing rooms.

- Students will NOT be allowed to use the elevators.

- The use of common water fountains will be eliminated. Water bottles MUST be marked with the student’s name.

- Students will not be allowed to use the gym.
Safety Measures established inside the studios

- Each barre will be marked with a distance of at least six feet between students.
- Each dancer’s center work area will be delineated at least 6 feet apart.
- An area will be designated for the instructor’s position to keep distance from the students.
- No activities will be allowed that require direct or indirect contact including partnering, tactile cueing, direct floor work, or touching the same equipment.
- Dancers should maintain at least six feet distance apart standing side by side in one line and allow each group to complete the combination to the end of the room before the next group starts.
- The studios will be cleaned and disinfected throughout the day

Cleaning & Sanitation Protocol

- All equipment and meeting amenities will be disinfected before and after each use including barres, pianos, and stereo equipment.
- CDC guidelines will be used to clean and disinfect all public spaces including but not limited to, front desk, offices spaces, elevator, elevator buttons, door handles, public bathrooms, Sustair handrails, dining surfaces, and seating areas.
Dining Areas Protocol

- Students will have staggered lunch schedules and they will eat their meals in socially distanced lunchrooms.
- Seating arrangements will be modified to ensure at least six feet of separation between table setups with no one sitting directly opposite one another or next to each other.
- Tables and other areas will be thoroughly cleaned and disinfected after each use.
- A chaperone will be with students at all times to ensure proper hygiene, safety, social distancing, and health requirements are maintained.
- Students will need to supply their own lunches. Please note that refrigerators will not be available, and food delivery is not permitted.

Required protocols if a student has signs or symptoms of COVID-19

- Students must stay home if they are sick (e.g., experiencing symptoms of COVID-19 [fever, cough, or shortness of breath] A student, who is exhibiting either fever or two or more of the symptoms of COVID-19 while at the property MUST immediately notify the school office. Students are encouraged to follow the CDC’s guidance on what to do if you are sick or if someone in your house is sick.
- Students who appear to have acute respiratory illness symptoms (e.g., cough, shortness of breath) upon arrival to the building or who exhibit these symptoms during the day will be separated from other students, provided a mask and gloves, and will be sent home immediately. Students also may be isolated and sent home (or for appropriate medical care) if suspected of having direct exposure to COVID-19.
- Students experiencing symptoms that could potentially be associated with COVID-19 will be required to stay home for 14 days after the onset of symptoms to avoid placing other students and staff at risk.
- Other people at the facility with close contact to this person during this time should be considered exposed. Information on persons who had contact with the ill student during the time the student had symptoms and 2 days prior to symptoms should be compiled. Those with close contact within 6 feet of the student during this time would be considered exposed, should stay home for 14 days, and self-monitor for symptoms.
- Students who are well but who have a sick family member at home with COVID-19 should notify the school office and follow CDC recommended precautions.
- Students traveling to Florida from New York, New Jersey, Connecticut or Louisiana must self-isolate or self-quarantine for 14 days, per executive orders from Gov. Ron DeSantis.

- A healthcare provider will be on-site. This person shall have the authority to stop or modify activities.

- MCBS will strive to take appropriate measures to clean and disinfect the location where the infected person was and any other impacted spaces, in accordance with CDC recommended protocols.

**Confidentiality**

MCBS will respect the privacy and confidentiality of any student who reports an illness. Please be aware that due to the seriousness of exposure to the novel coronavirus/COVID-19, MCBS may need to inform others who came in close proximity to an infected student, without identifying the student by name. MCBS also may be required to notify governmental authorities, including the public health department, the CDC, and the Occupational Safety and Health Administration.

**Compliance with Safety Protocols**

Students who fail to comply with the safety protocols or who engage in conduct that threatens the health or safety of their fellow students or our members will be asked to leave the program.

**Hygiene and Prevention**

- Wash your hands often with soap and water for at least 20 seconds. Students should review posters and visit the CDC’s clean hands webpage for more information.

- If soap and water are not available, use an alcohol-based hand sanitizer that contains 60-95% alcohol to disinfect your hands. Soap and water should be used if hands are visibly soiled.

- Cover your nose and mouth with a tissue when you cough or sneeze (or use the (inside of your elbow if no tissue is available). Immediately throw out the used tissue and then wash your hands with soap and water or an alcohol-based hand sanitizer. Learn more about coughing and sneezing etiquette on the CDC website.

- Do not touch your face, eyes, nose, and mouth, especially with unwashed hands.

- Do not shake the hands of other students. We encourage the use of other noncontact methods of greeting others.
Modification

MCBS reserves the right to modify the terms of this document if necessary for business needs, because of medical developments, to comply with applicable law, or because of changes in the information available regarding the control and treatment of COVID-19.

Questions or Concerns

We are all responsible for our safe workplace and we appreciate the cooperation of all our students and parents to help prevent the spread of COVID-19. We will continue to closely monitor the situation and provide updates as needed. Any parent or guardian who have questions concerning these new safety procedures and policies, or have concerns regarding workplace safety, should contact the school office at 305-929-7007 or email us at school@miamicityballet.org.